



Environmental Modifications for Children with Motor Planning Difficulties

Desk work	
<i>Sensory diet</i>	Handwriting Without Tears (printing), Loops and Other Groups (cursive), writing letters with eyes closed, forming letters with body
<i>Environmental modification</i>	Use lined paper (2 or 3 lines) for everything and keep the paper consistent; use grids and graph paper
Gym	
<i>Sensory diet</i>	Consult physical education teacher about child's needs and continual activity modification to enhance motor planning.
<i>Environmental modifications</i>	Break down/simplify physical education activities; provide visual, auditory, and physical cues; allow child to watch a few times before asking to perform the activity
Organizational tasks	
<i>Environmental modifications</i>	Simplify instructions, use colored folders to organize subject matter, use a daily schedule, have child verbalizes steps to complete task.
Play	
<i>Sensory diet</i>	Tactile and proprioceptive play activities.
<i>Environmental modifications</i>	Use containers to organize items; have child verbalize steps in a task; use visual, auditory, and physical cues while teaching new play activities.
Dressing	
<i>Sensory diet</i>	Tactile and proprioceptive play activities.
<i>Environmental modifications</i>	Lay out clothing in order for dressing; use labels for cuing and tabs to hold; use simple clothing with big fasteners; simplify activities

of daily living.