

Preschool Camp Program* (Ages 4-5)

**Availability based on level of interest*



Dates: June 25, 2018-August 3, 2018

Time: 9:00am-12:00pm Monday-Friday
(full day option may be available)

Cost: ~\$2700



Schedule

- **Finger Play** (*tactile*)
- **Circle Time**
- **Move and Groove** (*obstacle courses, passing activities, ball skills, balance, coordination, motor planning, cooperative play*)
- **Snack** (*self-help skills and social interaction*)
- **Arts and Crafts** (*drawing, cutting, coloring, stickers*)
- **Free Play** (*social interaction, motor planning*)

Intervention/Programs Used

- Sensory Integration
- Therapressure Program
- Zones of Regulation



General Goals of Programs

We work to address each child's ability to:

- transition in and out of activities
- explore various textures with hands
- sit and attend to circle time activities
- sequence and perform multi-step activities
- demonstrate age-appropriate sports skills (kicking, throwing, catching)
- engage in cooperative and turn-taking activities with peers
- demonstrate age-appropriate coloring and cutting skills
- sequence and complete art projects
- identify "Zone" and activities to help stay in the "Green Zone"
- generate ideas for activities and play safely with peers during unstructured play

Additional Goals for Preschool Program

- **improve self-help skills** (*dressing, opening/closing snack containers, using eating utensils*)

Additional Goals for K – 3rd grade Program

- write letters with proper formation
- express thoughts in written format

Kindergarten-3rd Grade Camp Program (ages 5-9)

Dates: June 25, 2018-August 3, 2018

Time: 9:00am-3:00 pm Monday-Friday

Cost: ~\$4600

Schedule

- **Exploration with hands** (*tactile*)
- **Circle time**
- **Move and Groove** (*obstacle courses, passing activities, ball skills, balance, coordination, motor planning, cooperative play*)
- **Arts and Crafts** (*drawing, coloring, cutting, building/assembling projects*)
- **Lunch**
- **Sports** (*ball skills, soccer, kickball, and baseball*)
- **Journal** (*drawing and handwriting activities*)
- **Outdoor Play** (*social interaction and motor planning*)
- **Swimming & Bike riding**



Intervention/Programs Used

- Sensory Integration
- Zones of Regulation
- Vis-X (ball skills)
- Handwriting Without Tears





If you are interested in attending the summer program or would like more information, please contact:

Allison Mistrett, MS, OTR/L
(202) 237-8737

Allison@leapsandboundsot.com

Current clients and previous participants will be given priority registration if the form is returned by February 9, 2018.

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Sensori-Motor Camp:
Improving Skills Through
Play and Movement

Summer 2018
(June 25-August 3)

Location:
Georgetown Day School
4200 Davenport Street, NW
Washington, DC 20016