

## Preschool Camp Program\* (Ages 4-5)

*\*Availability based on level of interest*

**Dates:** June 26, 2017-August 4, 2017

**Time:** 9:00am-12:00pm Monday-Friday  
(full day option may be available)

**Cost:** ~\$2650

### Schedule

- **Finger Play** (*tactile*)
- **Circle Time**
- **Move and Groove** (*obstacle courses, passing activities, ball skills, balance, coordination, motor planning, cooperative play*)
- **Snack** (*self-help skills and social interaction*)
- **Arts and Crafts** (*drawing, cutting, coloring, stickers*)
- **Free Play** (*social interaction, motor planning*)



### Intervention/Programs Used

- Sensory Integration
- Therapressure Program
- Zones of Regulation



## General Goals of Programs

We work to address each child's ability to:

- transition in and out of activities
- explore various textures with hands
- sit and attend to circle time activities
- sequence and perform multi-step activities
- demonstrate age-appropriate sports skills (kicking, throwing, catching)
- engage in cooperative and turn-taking activities with peers
- demonstrate age-appropriate coloring and cutting skills
- sequence and complete art projects
- identify "Zone" and activities to help stay in the "Green Zone"
- generate ideas for activities and play safely with peers during unstructured play

### Additional Goals for Preschool Program

- improve self-help skills (*dressing, opening/closing snack containers, using eating utensils*)

### Additional Goals for K – 3rd grade Program

- write letters with proper formation
- express thoughts in written format

## Kindergarten-3rd Grade Camp Program (ages 5-9)

**Dates:** June 26, 2017-August 4, 2017

**Time:** 9:00am-3:00 pm Monday-Friday

**Cost:** ~\$4500

### Schedule

- **Exploration with hands** (*tactile*)
- **Circle time**
- **Move and Groove** (*obstacle courses, passing activities, ball skills, balance, coordination, motor planning, cooperative play*)
- **Arts and Crafts** (*drawing, coloring, cutting, building/assembling projects*)
- **Lunch**
- **Sports** (*ball skills, soccer, kickball, and baseball*)
- **Journal** (*drawing and handwriting activities*)
- **Outdoor Play** (*social interaction and motor planning*)
- **Swimming & Bike riding**



### Intervention/Programs Used

- Sensory Integration
- Zones of Regulation
- Vis-X (ball skills)
- Handwriting Without Tears





If you are interested in attending the summer program or would like more information, please contact:

Allison Mistrett, MS, OTR/L  
(202) 237-8737

Allison@leapsandboundsot.com

Applicants will be considered on a first come, first serve basis.

Leaps and Bounds, LLC  
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Washington, DC 20016  
(202) 237-8737

[www.leapsandboundsot.com](http://www.leapsandboundsot.com)

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**Sensori-Motor Camp:**  
Improving Skills Through  
Play and Movement

Summer 2017  
(June 26-August 4)

Location:  
Georgetown Day School  
4200 Davenport Street, NW  
Washington, DC 20016